

# CREATE YOUR

# ADVENTURE



*Your get away just got an upgrade. Contact Becky at 800-845-1955 or [becky.wagner@cedarfallstourism.org](mailto:becky.wagner@cedarfallstourism.org) to arrange your day today.*

## CEDAR FALLS

**CEDAR FALLS DOWNTOWN DISTRICT** ~ Enjoy dining and shopping in this award winning district. From sweet treats to coffee, martini bars to micro-brews, gourmet cuisine to down-home cooking, 20+ bars, cafes, and restaurants are waiting to tempt your taste buds. In addition to great dining you'll find six square blocks of 30+ unique shops and boutiques.

[CedarFallsTourism.org/things-to-do/downtown/](http://CedarFallsTourism.org/things-to-do/downtown/)

**CEDAR VALLEY RECREATIONAL TRAILS** ~ Explore over 100 miles of paved trails, soft trails and water trails in Cedar Falls and Waterloo. Paved trails offer loops ranging in distance from 2.6 miles to 17.1 miles or create a longer ride by combining loops.

[CedarFallsTourism.org/things-to-do/outdoor-recreation/trails/](http://CedarFallsTourism.org/things-to-do/outdoor-recreation/trails/)

**ESCAPE!** ~ Does your group enjoy solving puzzles, finding clues, even picking locks? Then an escape room is sure to thrill! Your group(s) will work together to solve the puzzle and escape before time runs out.

[Escapology.com/en/cedar-falls-ia/](http://Escapology.com/en/cedar-falls-ia/)

**HARTMAN RESERVE NATURE CENTER** ~ Adventure awaits you at this 340-acre nature preserve nestled near a quiet neighborhood in the middle of the Cedar Falls/Waterloo area. The Nature Center boasts over 10,000 square feet of educational exhibit and lab areas, nature observation room, and a large deck that overlooks the bluff of the Cedar River. Educational programs include Maple Syruping, Bird Watching, Butterflies, Pioneers Life, Animals of Iowa, Wildflowers, Bees and Conservation History of Iowa.

[HartmanReserve.org](http://HartmanReserve.org)

**HICK'S PLACE** ~ Play in Hick's Woods with Battlefield Sport laser equipment. Fish, paddle boat or canoe on Hick's Pond. Learn or test your archery skills. Educational programming includes raising cattle, conservation, and hunting and trapping.

[HicksPlace.biz](http://HicksPlace.biz)

**MAXX RENTALS** ~ Enjoy paddle boarding or kayaking at night by the light of underwater L.E.D. light kits. It's a night tour on the water. Or take a Stand Up Paddle Board (SUP) Yoga class with a certified instructor who will walk you through the class with ease. Paddle tours of the Cedar Valley water trails are also available. [MaxxRentals.com](http://MaxxRentals.com)

**NINJA \ U** ~ Experience an obstacle training gym suitable for all ages. Guests can enjoy an obstacle rig, airtrack bounce floor, or Everest running hill. [NinjaU.com](http://NinjaU.com)

