



# Cedar Falls, Iowa Live a Little!

There are so many great ways to spend your days in Cedar Falls it will be hard to choose from among all the options. Want to be out in the sunshine? You can choose to stroll the recreational trails or view them from the comfort of a tram ride. Enjoy theatre? Choose from Broadway-worthy performances at the Gallagher-Bluedorn Performing Arts Center or community theatre at the restored Oster Regent Theatre. Is history your thing? You're in luck! Visit a museum in Victorian style, a turn-of-the-century schoolhouse, or a nationally-known Ice House Museum. These are just some of the fun things there are to experience in Cedar Falls. Let us help you plan your next trip. We can customize an itinerary to fit your group's needs. Below is just one example of how you could enjoy a day in Cedar Falls.

**10 a.m.** Arrive in Cedar Falls at [Barn Happy](#) where you'll be treated to raspberry coffee cake that made the Des Moines Register's "100 Things to Eat Before You Die"; meander through this renovated dairy barn that is filled to the rafters with Iowa products and antiques.

**11:30 a.m.** Take a fascinating tour through the [University of Northern Iowa's Botanical Center](#). They have been operating for 70+ years. The teaching collection at the Center contains a diversity of plants that range from ancient tree ferns and cycads to a large number of economically important plants from around the world.

**1 p.m.** Dine on your own or as group at a locally owned restaurant on Historic Main Street. Shop unique stores or take a stroll along the Cedar River.

**3:30 p.m.** Stretch your legs while you tour [Performance Bodies](#). Enjoy a behind the scenes tour at this warehouse that guarantees same day shipping on its stock car bodies and parts.

**5:00 p.m.** Enjoy a performance while dining at the [Lampost Theatre Company](#). Choose a program that fits the interests of your group.

And There's More....!

Cedar Falls Tourism & Visitors Bureau  
6510 Hudson Road, Cedar Falls, IA 50613  
800-845-1955

More reasons

to visit Cedar Falls any time of the year!  
Call us at  
800-845-1955  
and we'll help you put together an itinerary perfect for your group!



### GALLAGHER-BLUEDORN PERFORMING ARTS CENTER

A wide variety of big-name entertainers perform at this state-of-the-art facility each year.

### CEDAR FALLS HISTORICAL SOCIETY MUSEUMS

Tours and educational programming are available at four unique museums.

### UNIVERSITY OF NORTHERN IOWA SCHOOL OF MUSIC

Outstanding student performance at the Gallagher-Bluedorn Performing Arts Center - no admission charge!

### HARTMAN RESERVE NATURE CENTER

From maple syrup in the Spring, hikes in the Summer, apple cider in the Fall or indoor programming in the Winter; Hartman Reserve offers entertaining and educational options year round.

### 100 BEST SMALL ART TOWNS TOURS

Cedar Falls has been listed among the 100 Best... we'll show you outstanding public art exhibits, indoor and outdoor galleries including the Hearst Center for the Arts and more!

### SILOS & SMOKESTACKS AGRICULTURAL TOURS

With Silos' offices located here in the metro area, Cedar Falls is a great place from where to begin your exploration of American Agriculture.

### SPA GETAWAYS

Combine a shopping excursion amidst the unique specialty shops of downtown Cedar Falls with a little pampering at a full-service spa.

### JOHN DEERE

Fascinating factory tours are offered at two distinctly different John Deere locations! See how tractors have evolved in the last 100 years at the John Deere Museum.

### MARSHALL CENTER ONE-ROOM SCHOOL

A 1920s-era one-room school.

### OSTER REGENT THEATRE

A charming venue for the Cedar Falls Community Theatre's four quality productions each year and visiting artist.

### wcf SYMPHONY

### ORCHESTRA PERFORMANCES

Performances between October and May; includes a Holiday Concert in December which is a favorite!

### GROUT MUSEUM DISTRICT TOURS

Planetarium shows, Five Sullivan Brothers and other exciting exhibits and hands-on learning opportunities are available any time.

### FESTIVAL OF TREES ACTIVITIES

Nationally recognized Festival is held at the Gallagher-Bluedorn Performing Arts Center in November and unusual entertainment options in the Great Hall.

### GREAT AMERICAN MAIN STREET TOURS

Our knowledgeable and friendly step-on tour guides will show you why Cedar Falls was selected as one of only five communities in the nation for this distinction

### INDUSTRY TOURS

Fascinating factory tours are offered at two distinctly different John Deere locations, as well as Martin Brothers Distributing, The Mudd Group, Performance Bodies, and Petersen & Tietz Greenhouse.

### HANSEN'S FARM FRESH DAIRY

Guided tour that takes you through the process of getting milk from the farm to your table.

### BLACK HAWK COUNTY BARN QUILTS

Two guided tour options. Tours include the outskirts of Cedar Falls/Waterloo to rural areas.

[www.cedarfallstourism.org](http://www.cedarfallstourism.org) or e-mail us at [visit@cedarfalls.org](mailto:visit@cedarfalls.org)