

# YOUR GETAWAY JUST GOT AN UPGRADE

Autumn 2018



## CEDAR FALLS

**A quarterly e-publication of the Cedar Falls Tourism & Visitors Bureau**

Visit us on-line at [www.cedarfallstourism.org](http://www.cedarfallstourism.org)

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## CELEBRATING 30 YEARS



The Cedar Falls Tourism & Visitors Bureau has been celebrating its 30th anniversary in 2018 and each month we highlighted events, activities, attractions and lots of things to do that make Cedar Falls a great place to visit and live through our Weekender Blog. In this, our final newsletter of 2018, I'd like to share 30 activities your group will enjoy when visiting Cedar Falls!



1. Discover the **Cedar Falls Visitor Center**. Begin your visit in Cedar Falls with a break overlooking Prairie Lakes Park.

2. Learn the history of Cedar Falls with a visit to the four sites that encompass the **Cedar Falls Historical Society** - the Ice House Museum, Victorian Home and Carriage House Museum, the Little Red Schoolhouse and The Behrens-Rapp Filling Station.



3. Take an adventure at **Hartman Reserve Nature Center**. Popular program topics include Maple Syruping, Bird Watching, Butterflies, Pioneer's Life, Animals of Iowa, Wildflowers, Bees, and Conservation History.

4. Enjoy the tropical plants and warmth of the **University of Northern Iowa's Botanical Center**.

5. Experience the **Rod Library** - It isn't what the Traditionalists, Baby Boomers or Generation X will remember. The Library is home to the **UNI Museum**.

6. View the Permanent Collection and Current Exhibit at the **UNI Gallery of Art** located in the Kamerick Art Building. In addition, there's enough public art on campus to keep you busy for a full day!



7. Tour the **UNI Wellness Center, UNI-Dome and McLeod Center**.

8. Listen in on a **UNI School of Music** performance by faculty or students on almost any day of the month between September and April.

9. In November, attend the annual **Festival of Trees** in the renowned **Gallagher-Bluedorn Performing Arts Center** on the UNI campus. Throughout the year the center hosts university ensembles, nationally-known artists, the wcsymphony, Broadway shows and more.



10. Delight in an afternoon step-on-guide tour. Choose from **Barn Quilts of Black Hawk County, Historic Route 20: Cedar Falls & Waterloo** or **Tour of the Town**.

11. Honor those who fought for our country at the **Veterans Memorial Park**. Visit the **Black Hawk County Freedom Rock** adjacent to the park.

12. Take a **historical walking tour and scavenger hunt** of architectural details of the buildings located in the downtown district.

13. Visit one or all of the more than 15 **public sculptures** through out the city.

14. At the **Hearst Center for the Arts**, view regional, national, international exhibitions and a sculpture garden or try your hand at art project.

15. Experience **Fondo Fest, ARTapalooza** or **Holiday Hoopla** all hosted by Community Main Street.



## CELEBRATING 30 YEARS

16. In June, explore the **College Hill Arts Festival** at College and 23rd Streets or revel in all the stages of entertainment at the **Sturgis Falls Celebration** and **Cedar Basin Music Festival**.

17. Shop, Dine and enjoy coffee and sweet treats as you stroll the downtown **Cedar Falls Historic District**.

18. Hear the humble history of the **Oster Regent Theatre**. This 1910 theatre was built as a live theatre, became a movie theatre, and in 1994 was renovated and is currently home to the Cedar Falls Community Theatre. Peek in the rooms at the award winning **Black Hawk Hotel** which is the oldest continuous operating hotel in the state of Iowa. Both sites are listed on the National Register of Historic Places.

19. Be creative with a class at **Cedar Valley Art and Wine, Fig and Frolic** or **Hatchlings and Hens**.

20. Learn about the prairie plants that are native to Iowa at the **Tallgrass Prairie Center**.

21. Dine at the **Cedar Falls Woman's Club**. Enjoy a catered meal in the ballroom of a Victorian Home.

22. Dine like a local! **The Tea Cellar, Whiskey Road, Pablo's Mexican Grill** and **Figaro Figaro** are just a few of the many choices your group can choose from when dining in downtown Cedar Falls.

23. Enjoy homemade soup, salad and dessert at the award-winning **Barn Happy**. This renovated dairy barn offers a gift shop featuring Iowa goods.

24. Learn about stock car racing parts, same day shipping and awesome customer service while touring **Performance Bodies**.

25. Explore over **100 miles of paved trails, soft trails and water trails** in Cedar Falls and Waterloo.

26. Solve puzzles, find clues and pick locks as your group works together to solve the puzzle and escape before the time runs out at **Escape Cedar Valley** and **Escapology**.

27. Play at **Hick's Place** in Hick's Woods with Battlefield Sport laser equipment. Fish, paddle boat or canoe on Hick's Pond.

28. Paddle board or kayak at night by the light of underwater L.E.D. light kits from **Maxx Rentals**.

29. Experience an obstacle training gym at **Ninja \ U**.

30. Listen to the music of the **Cedar Falls Municipal Band** every Tuesday evening , June through July, in Overman Park.

With so much to see and do in Cedar Fall, you will want to check in at one of our hotels. Choose from 1 boutique hotel; 2-full-service hotels; 7 hotels offering FREE continental breakfast; plus 2 new hotels opening in 2019 - Holiday Inn Conference Center and the Hampton Inn Cedar Falls.

## INVITATION TO SUBSCRIBE TO CEDAR FALLS TOURISM BLOG

Are you interested in up-to-date information on events, attractions, shopping, and dining in Cedar Falls?

If the answer is yes, please visit our website at <http://www.cedarfallstourism.org/blog/> to sign up. While on the site, you may view past blogs.

Then watch for 3-5 blogs each month from the Cedar Falls Tourism & Visitors Bureau!



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## PLAN YOUR TRIP

The staff at the **Cedar Falls Tourism & Visitors Bureau** would be thrilled to assist you in planning a trip to Cedar Falls. Your group can experience factory tours, performing arts, outdoor activities, unique shopping and scrumptious dining. Just let us know your group's interest and we'll put together a day just for you! E-mail or call us today!