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CEDAR FALLS



Additional information, updates, and weather-related announcements at CedarFallsTourism.org/PedalFest. 319-268-4266 or 800-845-1955



EVENTS EVERY WEEKEND IN SEPTEMBER

Explore the Cedar Valley by bicycle!



SATURDAY, SEPTEMBER 5, 2020

Entretourism Bike Ride

10am

Cedar Falls City Hall, 220 Clay Street—7.7 miles, return on your own
Come ride with our local mayors, Rob Green, Cedar Falls; and Quentin Hart, Waterloo; and meet local entrepreneurs on the University Avenue corridor of Cedar Falls and Waterloo. Learn how to navigate the corridor from west to east. First stop is Brookside Veterinarian Hospital. Tour the hospital and learn about pets. Stop Two is at Hall's Bicycle Shop. General Manager, Joe Hackenmiller will provide a tour and information about the bike industry. Final stop is at Lark Brewery, where a lunch menu will be available along with some beer tasting. Tour and ask your beer questions here. *Sponsored by Halls Bicycle Shop*

SUNDAY, SEPTEMBER 6, 2020

Denver Waffle Ride

8:10am Reg., 8:30am Start

**Behrens-Rapp Station, 221 W. First Street, Cedar Falls—
30 miles round trip, Approx. 3 hours**

Enjoy the scenery and good paved roads for a ride to experience the rural landscape and bountiful farm fields of the area. This ride follows E. Main St. and Big Woods Rd. to Big Woods Lake Park and then takes county roads into Denver. Enjoy "all-you-can-eat" waffles and all the trimmings at the Denver American Legion for \$6. The return route ends at the starting location for a 30-mile round trip ride. There will be a designated leader and a sweeper so no one is left behind. Maps of the route will be available, but there will not be signs posted. Since the route is mostly rural roads, riders must be capable of riding on roads, including hills, and ensure that their bicycles are road-worthy. *Sponsored by Cedar Valley Cyclists*

SATURDAY, SEPTEMBER 12, 2020

Garden Ride

1:45pm Reg., 2pm Start

**Community Main Street, 310 E. 4th Street, Cedar Falls—
12 miles round trip, Approx. 2 hours**

Enjoy a tour of various local gardens in the Cedar Valley. Riders will meet at the Community Main Street parking lot and ride to the Silva-Domm home at 1523 W. 18th Street. This backyard garden grows eight raised beds of assorted flowers, vegetables, and berry bushes and a row of grape vines. Waist-high herb gardens anchor the patio, handy to the kitchen. Birds have a section with access to shelter, water, and feeders, while a vine-covered pergola and other flower beds provide for hummers, butterflies, and various pollinators. From the Silva-Domm home, riders will travel to the Hearst Center for the Arts Sculpture Garden. This garden has many perennial flowers, shrubs, trees, a working biocell retention area, and of course outdoor sculptures to view. A self-guided tour sheet will be provided. From the Hearst Center, riders will travel to the final destination of the tour—The Get Growing Garden at Unity Point on Prairie Parkway. Unity point gardeners will have tours of the garden, water, and healthy snacks available. This garden project is done in collaboration with Luann Alemao and Associates, the Cedar Falls Public Library, Cedar Falls Lions Club and Unity Point Health. Riders may return at their own pace. *Sponsored by The Hearst, Unity Point Health Get Growing Garden, Sharon Silva and Dennis Domm*



SUNDAY, SEPTEMBER 13, 2020

Pedal Fest at the Waterloo Library

1–5pm

**Waterloo Public Library, 415 Commercial Street, Waterloo—
5 miles round trip**

Join the Waterloo Public Library for a Storybook Trail. Stop in the library for your self-guided path around the river and through downtown Waterloo as you discover the city piece by piece. Start and end your route at the Waterloo Public Library. *Sponsored by Waterloo Public Library*

SATURDAY, SEPTEMBER 19, 2020

House Ride 9:30am Reg., View homes anytime 10am–12:30pm

Gateway Park, Lincoln & Main Streets, Cedar Falls—8–10 miles round trip

Go by spokes to see styles! Tour hidden architectural gems throughout Cedar Falls on this moderate ride. Riders will get to tour homes with flair and talk with owners that care! Styles and sizes vary, no two homes will be alike on this tour. The ride will be led by Megan Hannam, an Interior Design and construction professional who owns Hannam Design. Riders should arrive early and be comfortable riding at a moderate pace between stops. The tour will begin at 10am sharp. The tour will last about 2.5 hours and will not be held in the event of rain. Pandemic conditions may affect this tour. Those adjustments will be posted at the beginning of September on the Cedar Valley Pedal Fest Facebook page. *Sponsored by Hannam Design*

Storytime Ride

1pm Reg., 1:30pm Start

**Washington Park Shelter, End of E. 9th Street, Cedar Falls—
1 mile round trip, Approx. 2 hours**

Bike around the park on the trail and finish at the shelter for a story, activity and refreshments. *Sponsored by the Cedar Falls Public Library*

SUNDAY, SEPTEMBER 20, 2020

New Hartford Omelet Ride

8:10am Reg., 8:30am Start

**Behrens-Rapp Station, 221 W. First Street, Cedar Falls—
30 miles round trip, Approx. 3 hours**

Take in the rural scenery on paved roads to New Hartford for the Lions Club's monthly "all-you-can-eat" omelet breakfast made to your order. There will be a nominal fee for breakfast. This route follows in-town streets and trails to W. 27th St. and then county roads to New Hartford. It returns on the same route ending at the start location for a 30-mile round trip ride. There will be a designated leader and a sweeper so no one is left behind. Maps of the route will be available, but there will not be signs posted. Since the route is mostly rural roads, riders must be capable of riding on roads, including hills, and ensure that their bicycles are road-worthy. *Sponsored by Cedar Valley Cyclists*

SATURDAY, SEPTEMBER 26, 2020

Market to Market Ride—2 Options!

Opt. 1: Cedar Falls City Hall, 220 Clay Streets—

Ride to the Waterloo Urban Market

7am Start

Opt. 2: Meetup at Waterloo Urban Farmer's Market,

RiverLoop Expo Plaza, 225 Commercial Street, Waterloo 8am Meetup

Spend 45–60 minutes at the Waterloo Urban Farmers Market, departing for the Cedar Falls Farmer's Market at around 9am. Spend another 45–60 minutes at the Cedar Falls Market. For those who started in Waterloo, we'll make a return trip at around 11am. Both markets have produce, handmade goods, baked goods and freshly prepared food and beverages. Bring some funds and shopping bags. We'll help you work up an appetite!
16 miles round trip